

YAM
(Discorea) Spp

- It is the most valuable crop in the tropics.
- West Africa is one of the largest yam producing region in the world.
- Nigeria is the largest producer of yam in the world.
- Most of the yam produced in Nigeria is from the small holder farmland.

Cultivars

- The cultivated varieties of yam in Nigeria are:
- *Discorea cayensis* (Yellow yam)
- *Discorea esculenta* (Chinese yam)
- *Discorea bubilfera* (bubil or potato yam)
- *Discorea rotundata* (White yam)
- *Discorea alata* (water yam)

Areas of yam production

- The major yam producing areas are in Nigeria include:
- Middle belt- Benue, kabba, Ilorin, eastern part of Nigeria, Owerri, Onitsha, Port harcourt, Umuahia and delta area of south western part of ondo, benin, oyo, ibadan.

Ecology

- *Discorea* spp are essential tropical plants.
- Growth is restricted to areas with temperature of about 20 degree centigrade and they generally require temperature of 25-30°C for normal growth and optimum yield.
- Yam thrives best when supply with moisture throughout the growth cycle(7-9 months) from planting to harvest.

Ecology contd

- If yam is to be grown where the dry season is more than 3-4 months , supplementary irrigation must be provided.
- Well distributed annual rainfall of over 150cm is required.
- High soil fertility is required for good growth and yield of yam.
- Virgin soils rich in organic matter are good for yam production.

Ecology contd

- Loamy soil with low cation exchange capacity and clay soils which tends to become water logged are not suitable for yam production. They also make harvesting difficult.
- Stony or gravelly soil should be avoided in yam production since tuber development in such soil is hindered.
- Soil for yam production must be well drained to prevent yam rot.

Light

- Light plays an important role in yam production.
- Day length plays an important role in tuber formation and tuber growth.
- High light intensity is required during active growth stage.
- It is not a shade loving plant so plant produces extremely small tuber due to poor exposure of foliage to light reception.

Planting date

- Early planting is done in November while the soil is still moist.
- Late planting is done in February to April'
- For good yam production planting at high stand density can be carried out in May.

Land preparation

- Land clearing for yam cultivation in traditional agriculture is done essentially with hand tools.
- In such instances, clearing is selectively done and several uprights slender trees are deliberately left standing to serve as stake.

Seedbed preparation and planting materials.

- Tuber requires a friable soil for good growth without hindrance
- On the basis of tillage, four general methods of planting exist:
 - Planting on moulds
 - Ridges
 - Holes
 - Flats

Contd

- Yam is propagated by means of the tuber which may be planted whole or divided into small pieces called setts weighing between 150-300g.
- Tops with buds are better than bottoms
- It is better to plant whole tubers and early maturing tops separated from bottoms and middle which sprouts late.

Contd

- Germination starts 30-60 days after planting depending on the rainfall regime.
- Germination takes a longer period when bottoms or middle are planted.

1. CROP MANAGEMENT

- Mulching covering yam setts on mould or ridges with grass or leaves is essential in the dry months.
- Mulching reduces soil temperature and conserves soil moisture hence providing optimum condition for growth.

Staking

- When the yam vines are about 1m tall, they should be provided with stakes which prevent contact of the growing region with soil to prevent damage to the growing point.
- Damage to the growing point brings about reduction on the growth of yam.
- It should be done a month after emergence.

Weed control

- Weeding is the major operation after staking
- Weeding should be carefully done to prevent damage to yam root.
- Chemical weed control can also be done using pre emergence herbicide followed by supplementary weeding eight week after emergence

Fertilizer

- Compound fertilizer should be applied at the rate of 125-250kg/ha
- Organic manures is also beneficial.
- It is advisable to apply fertilizer one month after emergence.
- Harvesting
- Early crop matures at the end July and main crop from month of October to January.

Harvesting

- There are two types of harvesting;
- In the first type of harvesting, each crop is harvested twice.
- Single harvesting.-harvesting is done once on each crop.
- STORAGE
- Barn storage
- Platform storage
- Underfront storage

Problems of yam production

- Planting materials are bulky
- Production operations are labour intensive
- In-storage shelf life is short.
- Pests
- The following pests are associated with yam
- Yam beetles, nematodes, cricket, partridge rodents etc

Diseases

- Yam mosaic caused by virus
- Tuber rot caused by fungus